



comfort food served by friends

GLUTEN-FREE MENU SUGGESTIONS:

We're delighted to offer these suggestions. This menu and the information on it are provided as a service to our customers with the express statement that we cannot guarantee to any persons with Celiac Disease or gluten-intolerance, that no gluten will inadvertently be contained in these dishes. Our kitchen does not have a dedicated gluten-free area. It is not possible to completely avoid cross-contamination or unintentional inclusion of gluten into dishes that are intended to not have it. For example we do not have a dedicated gluten-free fryer.

Our staff is not trained nor qualified to give you advice as to how to eat gluten-free and any liability for issues arising from these suggestions is expressly denied. To the best of our information, these dishes do not contain gluten and we will do our best to prepare them so they do not. Your dietary decisions should be made without reliance on these suggestions, as they are only guidelines to add to your information, not to replace your own individual decisions. Consult a licensed dietician or your medical advisor for more information.

These suggested items are either items that naturally are gluten-free or because we offer gluten-free substitutions available from our wholesaler for bread, pasta, pizza dough or beer.

PASTA - Gluten-free pasta comes in either penne or spaghetti form at no extra charge on these pastas: Fettuccini Alfredo, Spaghetti Marinara, Shrimp Scampi.

PIZZA - Pizzas are only available in the 6" and 10" sizes because the crusts are pre-made by the wholesaler in those sizes only. The 6" is \$1 more than our regular 7" size, because the crust is so much more expensive. The 10" is \$1 more than our regular 10" pizza.

SANDWICHES - The gluten-free bread is available at no extra charge on these sandwiches: Ahi Tuna, Ribeye Steak, Grilled Tuna Salad, Classic Club, Turkey & Swiss, Grilled Portabella, Grilled Cheese, Reuben, French Dip, Fresh Burger, Cajun Burger, Cajun Chicken or Chicken Sandwich, BLT, Hawaiian Chicken. It is smaller than our regular size bread so the sandwiches are smaller.

SALADS - All dressings are gluten-free except the Oriental Vinaigrette. The following Salads are also gluten-free (with croutons deleted): Big Salad (except with Crisp Chicken), Classic Caesar, Cobb, Buffalo Chicken.

DESSERT - The Vanilla Ice Cream is the only gluten-free one.

ENTREES - Main Dishes that are gluten-free are: Pot Roast, without the gravy; Liver & Onions, without the gravy; Open-Face Smothered Roast Beef or Turkey, without the gravy and with the gluten-free bread substituted; Shepherd's Pie, Filet Mignon, Ribeye Steak and Salmon.

APPETIZERS - Chips & Salsa con Queso and Buffalo Wings.

SIDE DISHES - All except the Beer-batter French Fries and Mac & Cheese are gluten-free, as long as you leave off the croutons from the side salad and sub the noodles on the spaghetti.

BEER AND WINE - We carry sorghum beer from Redbridge. I'm told all wine is gluten-free, thank God!